

PRIMARY CARE



Knowledge and Compassion ... Focused on You



MedStar Medical
Group



Why choose a MedStar Medical Group primary care provider?

It's a coordinated personalized approach to your health.

Having a partner in maintaining your health makes sense. A MedStar Health primary care provider can help you establish your baseline of health and note any changes, keep you up to date on immunizations, conduct routine health screenings and checkups, and help you manage a chronic condition or disease.

You will be treated as a whole person and not just a condition, so you'll be cared for in a comprehensive way. That includes counseling about lifestyle changes you can make to help prevent illnesses before they develop. When you partner with MedStar for primary care, you benefit from an ongoing, personal patient-provider relationship that is built on trust.

Comprehensive care when and where you need it.

With 10 hospitals, hundreds of sites of service, thousands of MedStar Health specialists and other providers, you'll always have the best in health care close by whenever you or a loved one needs it. MedStar is the region's largest healthcare network, with locations throughout Maryland and the Washington, D.C., region. You'll also have access to the most advanced medical technologies, innovative treatments, the latest research, clinical trials and more.

MedStar Medical Group primary care practices are focused on you. Our providers use their knowledge and clinical expertise to diagnose, treat and provide care across the continuum—from disease prevention and general health to complex illnesses to chronic or complex conditions. They also coordinate your care with specialists, hospitals and other providers.

Our practices include:

- **Pediatric medicine:** Our pediatricians care for newborns, infants, children and adolescents.
- **Internal medicine:** Our internal medicine providers primarily treat patients ages 18 and older, and also treat adolescents.
- **Family medicine:** Our family medicine providers care for patients of all ages and genders.



Services

MedStar Medical Group primary care physicians, nurse practitioners and physician assistants offer the high-quality care you can feel good about.

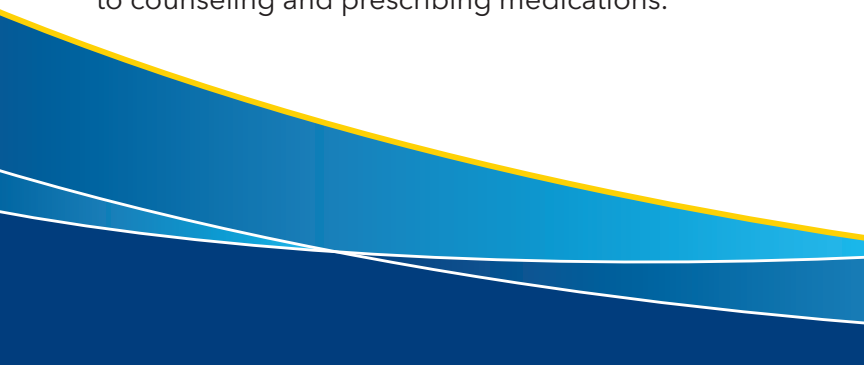
Take advantage of a broad range of offerings, including:

- Adolescent services
- Annual or routine gynecologic exams
- Annual physicals
- Convenience of labs drawn on site at many of our practices
- Men's health
- Pediatric care
- Pre-op consultations
- Preventive care
- Sick visits
- Testing and screening based on conditions and family history
- Vaccinations
- Well visits
- Women's health

For a complete list of services, visit [MedStarHealth.org/PrimaryCare](https://www.MedStarHealth.org/PrimaryCare).

Your care team includes physician assistants and nurse practitioners.

Nurse practitioners and physician assistants are degreed, certified and licensed health professionals. They take medical histories, conduct physical exams and treat illnesses. They also provide primary, acute and specialty health services, from ordering, performing and interpreting lab results or X-rays; to managing high blood pressure, diabetes, infections and injuries; to counseling and prescribing medications.



We're here to care for and communicate with you, in sickness and in health.

Many MedStar Health primary care providers offer same-day appointments and accept most insurance plans. But getting you in quickly to see one of our expert providers doesn't mean you will be rushed through your visit. You'll spend meaningful time, get answers to your questions and leave knowing your trust was well-placed. You'll also have your own online, secured patient portal that allows you to access your medical records as well as request prescription refills, appointments and referrals. It also lets you track your visits and treatments, see test results and send your secure records to other providers—even exchange messages with your primary care office.

MedStar PromptCare is there for you, too.

When your primary care provider's office is closed, or if you have an illness, injury or health problem that requires urgent attention, MedStar PromptCare is there for you. Our MedStar PromptCare offices are conveniently located close to you and your primary care provider. Any treatment you receive from them will be communicated back to your primary care provider and become part of your medical record.



MedStar Medical Group primary care providers offer the following benefits:

- Comprehensive, personalized health care for you and your entire family
- Diagnosis and treatment of health problems
- Access to specialists, imaging, rehab or hospital care if necessary
- Maintenance of your health and lifestyle through wellness and preventive care
- Peace of mind, with the region's best health system behind you
- Thousands of expert providers to choose from. **For locations, visit [MedStarHealth.org/PrimaryCare](https://www.MedStarHealth.org/PrimaryCare).**
- Easy-to-schedule appointments, often same-day. **Call 877-292-3704.**





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with your
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MedStar Good Samaritan Hospital
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MedStar Washington Hospital Center
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