

Addiction: How to Recognize It. How to Treat It. How to Help.

Sponsored by the World Bank Family Network and the World Bank Staff Association
May 14, 2018

Panel Speakers:

Don Sloane is the founder of Recovery Care Partner, a firm specializing in compassionate interventions, comprehensive monitoring for professionals, and recovery care management. He is also in long-term recovery. Having worked in the recovery field for thirty-two years, Don combines a therapeutic lens with a larger systems understanding to help both families and businesses deal with the issues addiction presents. Don holds an M.S. in Organization Development from The American University and National Training Laboratories (NTL), and a B.S. in Computer and Information Science from The University of Maryland. In 2017, Don received the Richard J. Caron Award of Excellence from the renowned Caron Treatment Center. (<http://recoverycarepartner.com>)

Zach Snitzer is the Co-Founder of Maryland Addiction Recovery Center (MARC), which was established in 2013 and provides extended care dual diagnosis and addiction treatment, intensive outpatient treatment and ambulatory opiate detox services. MARC currently serves approximately 70 clients monthly ranging in age from 18 years and older. Due to his own personal journey of recovery, Zach has a passion for helping others. He is one of the country's young leaders speaking out on addiction issues.

(<https://www.marylandaddictionrecovery.com>; 855-727-2887)

Mike Gimbel has been in the field of substance abuse education, prevention and treatment for over 35 years. Mike served as the Baltimore County, Maryland Drug Czar for 25 years. Mike speaks to students, parents and professionals throughout the Northeast, and he appears frequently in the media as a substance abuse expert. Mike hosts a weekly syndicated TV talk show, *Straight Talk*. He has been sober for 45 years. (Contact Mike at mikegimbel1@gmail.com;

<https://www.youtube.com/user/MarylandRecovery> (*Straight Talk* Drug Education TV Shows)

Recommended articles:

http://www.wvmphp.org/PHP.PhaseI.How_are_Addicted_Phys_treated.pdf (successful five year program used to treat physicians who suffer from addiction- very low relapse rate due to the comprehensive multi-year treatment protocol)

https://www.health.harvard.edu/newsletter_article/how-addiction-hijacks-the-brain

<https://www.report.nih.gov/nihfactsheets/ViewFactSheet.aspx?csid=38>